

**Hants & Dorset Amateur Rowing Association.
WATER SAFETY COMMITTEE.**

**Acting as agents for Rowing Safety for the
WESSEX WEST REGIONAL ROWING COUNCIL.**



**Hants & Dorset ARA
Safety Meeting.**

Saturday, 11th February at 10.30am.

**at Christchurch Rowing
Club.**

Hants & Dorset ARA Safety Meeting. **INVITATIONS/INTRODUCTIONS.**

INVITATIONS/INTRODUCTIONS.

All H&D Club & Event Rowing Safety Advisers were invited to the meeting and H&D Club & Regatta secretaries were copied – and Britt Eames from Southsea who has volunteered to take on the responsibility of Safety Advisor for CARA (Jo Johnston has agreed to mentor Britt in 2023).

Representatives of Non-Hants & Dorset ARA affiliated Wessex West Region Clubs were also invited and are welcome to attend – but were made aware that much of the content of the meeting relates specifically to Hants & Dorset ARA Clubs.

As agreed all invitations were sent via E Mail.

Prior to the formal start/or on completion of the meeting those in attendance were/are invited to join the Water Safety Committee members in a re-audit of the Safety procedures and facilities of Christchurch Rowing Club.

Hants & Dorset ARA Safety Meeting. Agenda.

- 1) Apologies
- 2) Minutes of the last meeting. *Note: copy attached and previously circulated – and a copy can be downloaded from the Hants & Dorset ARA Web site at – www.hdara.co.uk. See downloads section-meetings.*
- 3) RRSA's Report (Report to H&D Autumn Delegates Meeting/Wessex Region AGM) [*See attached*]
- 4) To receive a report on the British Rowing National Water Safety Committee Meetings.
- 5) BR Row Safe.
- 6) BR Club Safety Audits.
- 7) Online Incident Reporting – analysis of 14th year – and stats from BR.
- 8) Safety incidents Reported by H&D (& Wessex) Clubs in 2022 and at 2022 Hants & Dorset Events.
- 9) Boat Inspections & Regatta/Event Audits.
- 10) To review Association Safety equipment including status after 2022 season (Gary Joyce) including the Association owned defibrillator.
- 11) Public Liability Insurance at Events.
- 12) Format of the Hants & Dorset Water Safety Committee.
- 13) Venue for 2024 Meeting.
- 14) Any other business.

Hants & Dorset ARA Safety Meeting.

4) Report on the British Rowing National Water Safety Committee Meetings.

Status of region with British Rowing. REMINDER.

- Wessex has one vote on National Safety Committee – but reps. From Wessex West & South East Coast can attend meetings – however we hardly ever vote – decisions usually taken by consensus.
- Wessex West/Hants & Dorset & South East Coast remain responsible for review and acceptance of own Club Audits and analysis of incident reports - although BR are not able to split incidents.
- Brit Eames (Southsea) has taken over Safety Adviser for South East Coast/CARA and is being mentored at the moment by the previous South East Coast RRSA – Jo Johnston to bring her up to speed.

Hants & Dorset ARA Safety Meeting

4) Report on the British Rowing National Water Safety Committee Meetings.

The National Safety Committee have held monthly meetings via Zoom all of which I “attended”. This has proved to be fairly successful.

In December 2022 a National safety Meeting was held at BR HQ at Hammersmith with several delegates in attendance – but with the option to attend on-line. I “attended” on line.

Meetings will continue to be held monthly via Zoom in 2023 with an in person meeting probably offered in December.

Hants & Dorset ARA Safety Meeting

4) Report on the British Rowing National Water Safety Committee Meetings.

A wide range of Safety related subjects and topics were discussed at these meetings – the main areas of discussion being – (with more information on some to follow*) -

RowSafe.*

Club Rowing Safety Audit.*

Incidents & Incident Reporting System.*

Safety – On-line Learning Modules. *

HRSA Monthly Reports. Circulated.

Safety Alerts. 6 issued in 2022.

Back Stays. BR Rule. Only a Recommendation in H&D?

Safety Award. National - John Mulholland.

AED's. How many clubs have one available.

Insurance. Not event insurance – more later.

Dry Robes. Alert issued/H&D initiative.

Coastal & Boat Sprints.

Clubs of Concern. None in our area.

Float to live. Safety Alert issued.

Adaptive Rowing.

Competition Safety Documentation.

Boat Safety Scheme. May lead to inspection being required for outboards.

Hants & Dorset ARA Safety Meeting

4) Report on the British Rowing National Water Safety Committee Meetings.

NOTE: Club Water Safety Adviser (CWSA) - contact with BR.

It is important Clubs have the correct E Mail address registered with BR for Safety Matters – usually the CWSA – and keep it updated. Without this the Clubs may not receive Safety Alerts, Incident Reports and other Safety information. Update via contact with BR or through the on-line BR Club Management system – the ClubHub portal – and in theory they will advise me of any changes – but it would be prudent to let me know as well! (stephencbull@gmail.com)

5) BR Row Safe.

- A major revision of RowSafe went live in early 2016 and is now a web enabled document with hyper-links – there will not be a printed copy issued by BR - although it can be downloaded.
- An Annual review takes each April – same time as rules of racing. In between time issues that arise covered by Safety Alerts. Remember RowSafe are expectations are not rules. Its advice and guidance not minimum standards.
- How do I find it?
 - Go to the British Rowing home page - <https://www.britishrowing.org/>
 - Click on “About Us“ Tab at the very top of the page.
 - Click on “Policies and Guidance” on the lefthand side.
 - Click on “Row Safe” on the lefthand side.
 - You can download and view RowSafe in full here (2022 edition)
 - You can download a pdf copy – but the 2022 version is 180 pages long!
Its quite a longwinded process!

5) BR Row Safe. British Rowing Regulations and RowSafe.

The new British Rowing Regulations (September 2018) do not make compliance with every provision and practice referred to in RowSafe a mandatory requirement. RowSafe continues to be, as has always been its intention, general guidance to clubs and their members on safe practice in rowing. As noted in RowSafe, clubs are responsible for maintaining up-to-date risk assessments, and for defining and monitoring their own safety practices, guidance and procedures specific to their environment and activities.

5) BR Row Safe. Changes for RowSafe 2021.

- The 2022 edition of RowSafe was updated in April, 2022 – all new text was highlighted so that it is easy to identify - the most significant changes were –
- 3.6. Competence on the Water – the addition of guidance ref “floating”.
- Club Safety Plans and Safety Rules.
- Wearing of “Dry Robes”. – Do not wear a Dry robes when afloat. *This change was prompted by the Hants & Dorset ARA with a Safety Alert Issued.*

5) The Coastal Section(s) of Row Safe.

- **10. Coastal Rowing**

- **10.1 Coastal and Inshore Rowing.**

This is predominantly based on the submission we made to the NSC in 2016 – and as suggested it relates to what we have termed “Inshore Coastal Rowing” as opposed to Offshore – FISA, Gig etc..

There are now two sections in RowSafe covering “offshore” coastal rowing – which we are not responsible for -

- 10.2 Fixed Seat Sea Rowing – with a sub section – 10.2.1 – Gig and other fixed seat boats safety kits and –

- 10.3 Ocean Rowing - with a sub section – 10.3.1 – Ocean Rowing Safety Equipment.

6) Club Safety Audits – report on last year's audits.

- **A revised Club Audit was launched on 1st October, 2022/closed 30th November, 2022. RRSA's were expected to Accept / Accept with provisos / Rejects – the audit within two weeks of receipt.**
- **There was two weeks grace form 30th November , then BROE was blocked for Clubs that had not complied and had their audit accepted.**
- **It remains a recognised part of the affiliation process.**
- **Audits are “accepted” – not “approved”. They are accepted if all questions are answered and if Risk Assessments have been uploaded if the response to the questions on Risk assessment uploaded had been YES.**
- **Its not a “Pass” or “Fail” audit – but a statement of the Clubs situation.**
- **Guidance for audit procedure and use of Google Folders was sent out to all CWSA's.**

6) Club Safety Audits – report on last year's audits. CHANGE TO SUBMISSION PROCEDURE SINCE 2021.

- **The Audit completion and submission process was the same as 2022 and guidance was sent out. However the process was not without its difficulties – most centred around the BR Google Folders and upload of files.**
- **On completion of the Audit – CRSA's were expected to load the completed audit document into their respective BR Google Folders (which used to be done by BR) - along with their Risk Assessments.**
- **But this part of the process was either not understood or proved to be difficult to achieve in some cases although their was an improvement over 2021.**
- **Wessex/Hants & Dorset ARA Audits – there were a total 22 – all audits have been accepted.**

6) Club Safety Audits – report on last year's audits. ISSUES WITH SUBMISSION. Summary of Issues With Audit.

- On a number of occasions the CRSA's failed to upload the audit or documents to the Clubs Google Folder.
- All except Winchester College Boat Club submitted and had their audit accepted prior to the deadline.
- Winchester College Boat Club finally submitted their audit on the 12th December and it has been accepted.
- Winchester College Boat Club were briefly suspended from the BR event entry system as a result of their late submission.
- Ryde School BC are no longer affiliated to British Rowing so no audit was submitted.
- Southsea – who had been under Wessex South East Coast by BR – were switched to Wessex West/Hants & Dorset so I now accept their audit

6) Club Safety Audits – report on last year's audits. ISSUES WITH SUBMISSION. Summary of Issues With Audit.

- **4 Clubs failed to upload their Risk Assessment and/or EAP not uploaded.**
- **2 - No notification E Mail received but in Google Folder.**
- **1 Club – queried method – advised on procedure.**
- **4 - documents not in Google Folder. I uploaded on receipt of documents.**

- **Additional instructions to address these issues will be published next year.**

6) Club Safety Audits.

– report on this year's audits.

- This year BR have been able to provide all RRSA's with a breakdown of the Audits for their region in Excel Format – although there were some anomalies.
- Analysing this in a meaningful way remains a challenge – it is a very large file!
- However I have been able to extract, as I have in the past, a list of the questions that receive the most “still to address” responses - which we have considered at meetings in the past in the hope of providing solutions.

6) Club Safety Audits.

– report on this year's audits.

- **Club Safety Audits 2022. Wessex/H&DARA Region.**
- **Analysis of items "TO BE ADDRESSED".**
- **BR converted Clubs Audits for each Region into a spreadsheet.**
- **The spreadsheet had – 117 meaningful Columns. 25 columns relating to name & contact information. 16 questions required a numeric response. 6 questions related to swim tests 70 - Yes/No/To Be Addressed.**
- **The spreadsheet has been analysed and any Questions that had three (three last year) or more "To be addressed" response's listed for review – there were 8.**

6) Club Safety Audits.

– report on this year's audits.

- **This year we are reviewing any that had four or more “to be addressed” (three last year) - there was 8 – one more than last year. The aim is to reduce them year on year.**
- **The 8 are – [With number of clubs].**
- **Has your club uploaded an image of your Club Safety Notice Board in a prominent position into your Google Drive?**
- **Does your club provide training in risk assessment and safe practice?**
- **Does your club have written procedures in place for the use of safety aids and ensure that all members understand and follow them?**
- **Have a service record/maintenance log for all lifejackets and buoyancy aids.**

6) Club Safety Audits.

– report on this year's audits.

- **Does your club require launch drivers to hold, as a minimum, the RYA Level 2 powerboat certificate (appropriate to water conditions; inland, Coastal) or equivalent certified training?**
- **Does your club require that all club members are made aware of what constitutes an incident and 'near incident' that needs reporting and that all are aware of how to report them online?**
- **Does your club provide training for Safety Aids? Please specify what other Safety Aids your club provides training for, if applicable.**
- **Does your club require all launches to carry a plate stating the maximum weight it can safely support, together with this translated into the number of adults?**

7) On Line Incident Reporting – reminder of the process.

- **Required so that lessons can be learnt, procedures improved and statistics provided - and for insurance purposes – and was a requirement of the ROSPA report on Safety in rowing following Blockley and Reading incidents.**
- **Important formal record of incident – in case of repercussions at a later date.**
- **On-line via BR Web-site. “Relatively” simple form to complete – more detail if event flagged as serious.**
- **“Simple Capsize” option available.**

7) Online Incident Reporting – reminder of the process.

- Anyone can complete an incident report.
- Better to receive more than one on same incident than none.
- Copies of all incident reports submitted automatically sent to Regional Rowing Safety Advisor, National Safety Advisor and BR.
- Incidents that may generate BR individual insurance claim. BR are obliged to advise insurers of relevant incidents.

7) On Line Incident Reporting – 2022. analysis of 14th year – National. (BR stats).

Stephen and Andrea Worley have produced an extensive and very detailed report on incidents reported in 2022 – which can be downloaded/viewed from the same page where Row safe is.

Go to the [British Rowing](https://www.britishrowing.org/) home page -<https://www.britishrowing.org/> Click on “About Us” Tab at the very top of the page. Click on “Policies and Guidance” on the lefthand side. To view full analysis of 2022 incidents, please on link.

The 54 page report (to detailed!) is difficult to summarise but -

Some highlights –

- There were 2239 incidents reported in 2022 (1938 in 2021, 1477 in 2020, 2120 in 2019) –
- The number of Reported Incidents in 2022 has risen beyond pre-covid levels. It has exceeded the number reported each year since 2014 when this analysis began.
- Of those, 805 involved simple capsizes (779 in 2021, 675 in 2020 & 804 in 2019) and 1160 described as “significant” incidents (802 in 2020 & 1316 in 2019).

7) On Line Incident Reporting – 2022. analysis of 14th year – National. (BR stats).

- The top eight causes of significant incidents in 2022 was – Last two years in [Brackets].
- **POOR LOOKOUT. 580/40%.** [2021 - 505/44%. 2020 - 316/39%]
- **NON-ADHERENCE TO NAVIGATION CODE. 205/14%** [2021 - 186 /16%. 2020 – 91/11%].
- **POOR LOOKOUT & NON ADHERANCE TO NAVIGATION CODE. 119/8%** [2021 - 99/9%. 2020 - 71/9%]
- **FALLS & OTHER INJURIES. 119/8%.** [2021 - 93/8%. 2000 - 54/7%].
- **FAILURE TO CHECK EQUIPMENT. 100/7%.** [2021 - 82/7%. 2000 - 98/12%].
- **ANTISOCIAL BEHAVIOUR. 84/6%.** [2021 - 54/5%. 2000 - 71/9%].
- **HEALTH. 37/3%.** [2021 - 21/2%. 2000 – 20/2%]
- **POOR STEERING. 31/2%.** [2021 - 30/3%. [2000 - 25/3%].

7) Online Incident Reporting – 2022. Analysis of 14th year – National. UNDER REPORTING.

- **BR recognise and congratulate the top twelve clubs who have reported most incidents for their “positive approach to safety” – and they receive a certificate of commendation.**
- **I am not entirely comfortable with this approach – as they are arguably the most “unsafe” clubs!**
- **In 2022 the Lea R. C reported the most incidents – with 78, Avon County and Derby were equal 2nd with 48.**
- **CHRISTCHURCH were 7th with 32 incidents reported according to the BR Analysis – the same as the RRSA’s analysis. They were the “top” Wessex/H&D ARA region club as they usually are.**
- **BR NSC recognise a problem with under reporting – which they addressed in 2018 with some success – although it certainly still exists.**

7) On Line Incident Reporting. Opened for comment. Nationally.

- An RRSA can “open” incident for comment/ discussion - and send to – other clubs and individuals involved as long as BR membership number is known – and/or other RRSA’s.
- Nationally I was invited to comment on 76 reports from other regions and did so where I thought I had something to contribute.
- In 2022 - 9 Incident Reports in our region were opened for comment – four of which related to the Boat inspections.
- One sought clarification of details of the incident.
- One was a racing incident – where a capsized sculler choose to swim ashore.
- One sought details of the injuries involved.
- One was received from a Race Official. Queried why no Club report received.
- One was shared due to the seriousness of incident.

8). Incident Reporting, 2022. Wessex Region. (Wessex RRSA Figures). Excluding CARA/Wessex South East Coast

Some basic facts –

Incidents recorded in the region – 112 (133 in 2021, 78 in 2020, 143 in 2019) of which 13 came from CARA Clubs (6 in 2021, 11 in 2020, 22 in 2019), leaving 103 from H&D/Wessex Clubs (67 in 2020, 121 in 2019) which 4 were linked/duplicated – leaving 99 (119 in 2021, 66 in 2020, 118 in 2019).

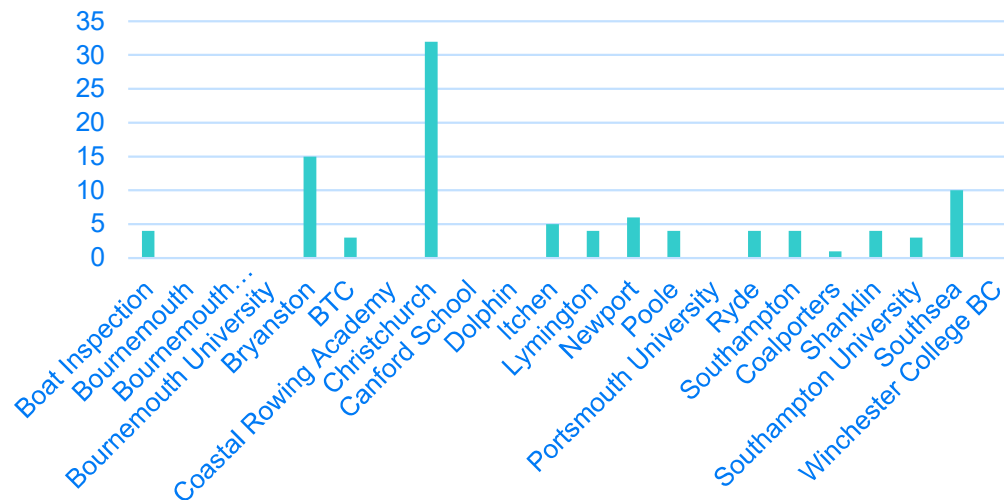
Four of these were H&D ARA Boat Inspection summaries.

52 were simple capsizes (65 in 2021, 26 in 2020, 47 in 2019).

8). Reported Incidents, 2022. Wessex/H&D Region. By Club!

All H&D Clubs & Wessex Clubs except Bournemouth, Bournemouth Collegiate Schools, Portsmouth and Bournemouth Universities, the Coastal Rowing Academy, Dolphin and Winchester Colleague reported at least one incident.

Summary of Wessex. Hants & Dorset Region. BR Reported Incidents 2022.

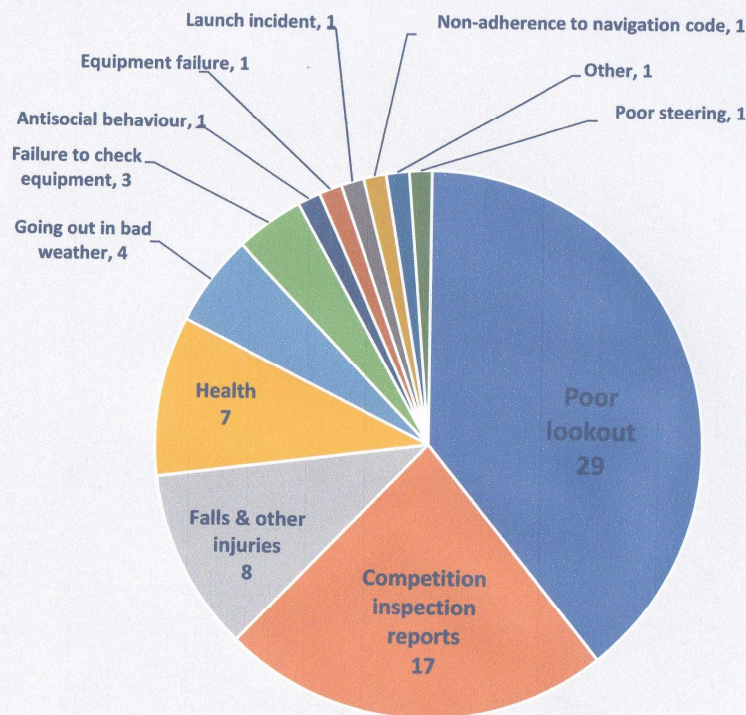


Clubs should analyses their incidents for patterns/learning points.

Boat Inspection	4
Bournemouth	0
Bournemouth Collegiate School	0
Bournemouth University	0
Bryanston	15
BTC	3
Coastal Rowing Academy	0
Christchurch	32
Canford School	0
Dolphin	0
Itchen	5
Lymington	4
Newport	6
Poole	4
Portsmouth University	0
Ryde	4
Southampton	4
Coalporters	1
Shanklin	4
Southampton University	3
Southsea	10
Winchester College BC	0

8). Incident Reporting, 2022. Wessex/H&D Region. Total incidents reported by Type.

Wessex & S.E. Coast - 2022



Christchurch RC	32
Bryanston School BC	14
Southsea Rowing Club	11
Shanklin Sandown RC	7
Dover Rowing Club	6
Newport RC	6
Itchen Imperial RC	5

The clubs shown in the table should all be congratulated for reporting 5 or more incidents in 2022.
Clubs in red - are in the national top 12.
Clubs in green - the number of incident reports is greater than 20% of their membership.

Based on BR Analysis.

Number of incidents per Club varies slightly from H&D analysis.

8) Incidents of note – to review at the meeting –

- With 99 incidents reported – its difficult to select ones to review – however there was serious incident which is worth noting -
- BR Incident Report number – 19973. A male athlete known to have Epilepsy was in Double Scull coming to the end of his session. He suffered an epileptic seizure. He slumped backwards and sideways and head went into the water. Bow athlete shouted for help and immediate assistance was given by BTC Masters Crew in a coastal four and crew members jumped into the water to give assistance. A kayaker and several Itchen coaching/safety boats also gave assistance. The safety boats got athlete ashore and an ambulance was called. The Ambulance arrived within in 3 -4 minutes and the casualty was taken to hospital.
- The BTC Men's Masters crew are to be commended for their actions.

8) Safety incidents at the 2022 Hants & Dorset Competitions.

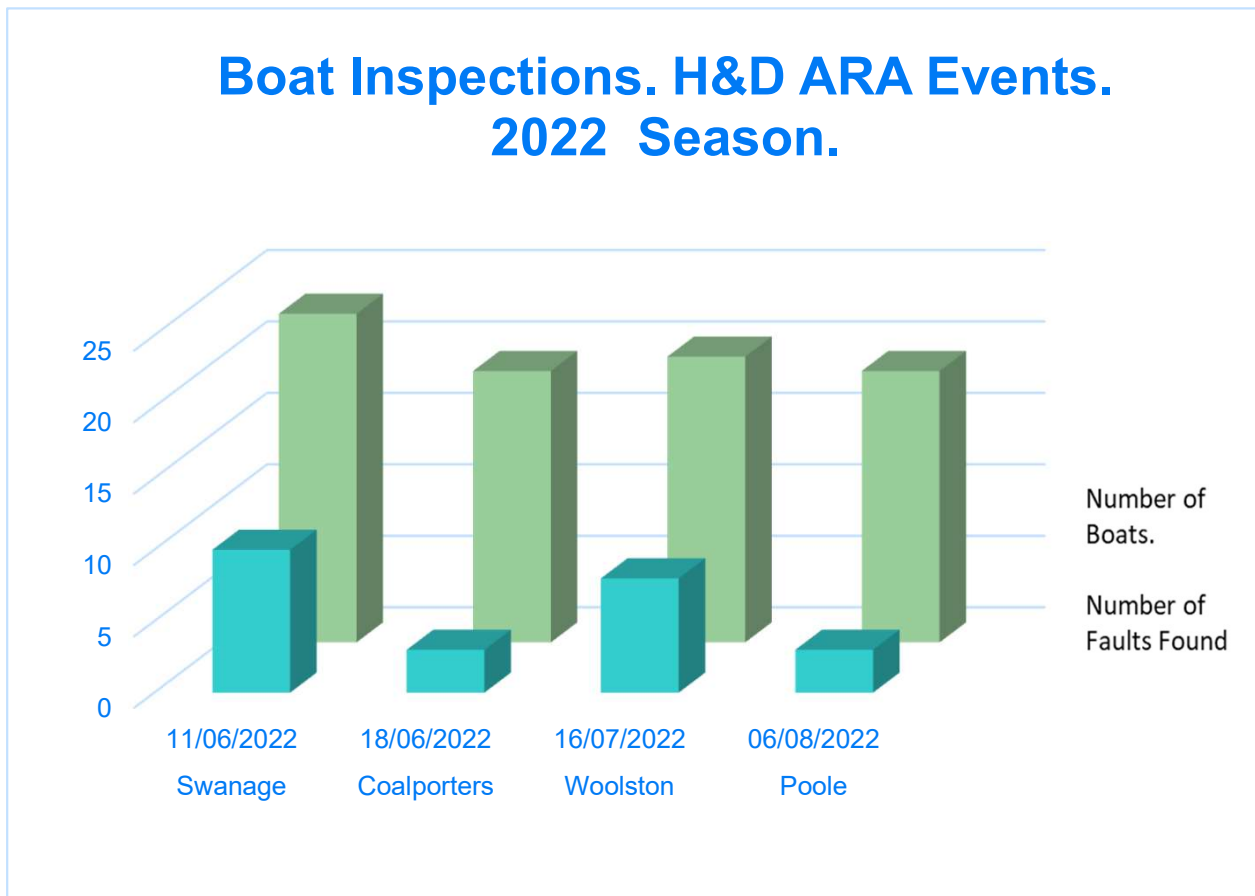
There were 12 Regattas + plus the Southcoast Championships, three head races and the Itchen Junior Regatta held in the region in 2022 –although Southsea was cancelled – and Ryde was abandoned after only two event. [Poole was cancelled – but re-run].

There were 19 BR incident reports submitted for incidents at H&D ARA Events – none were considered significant.

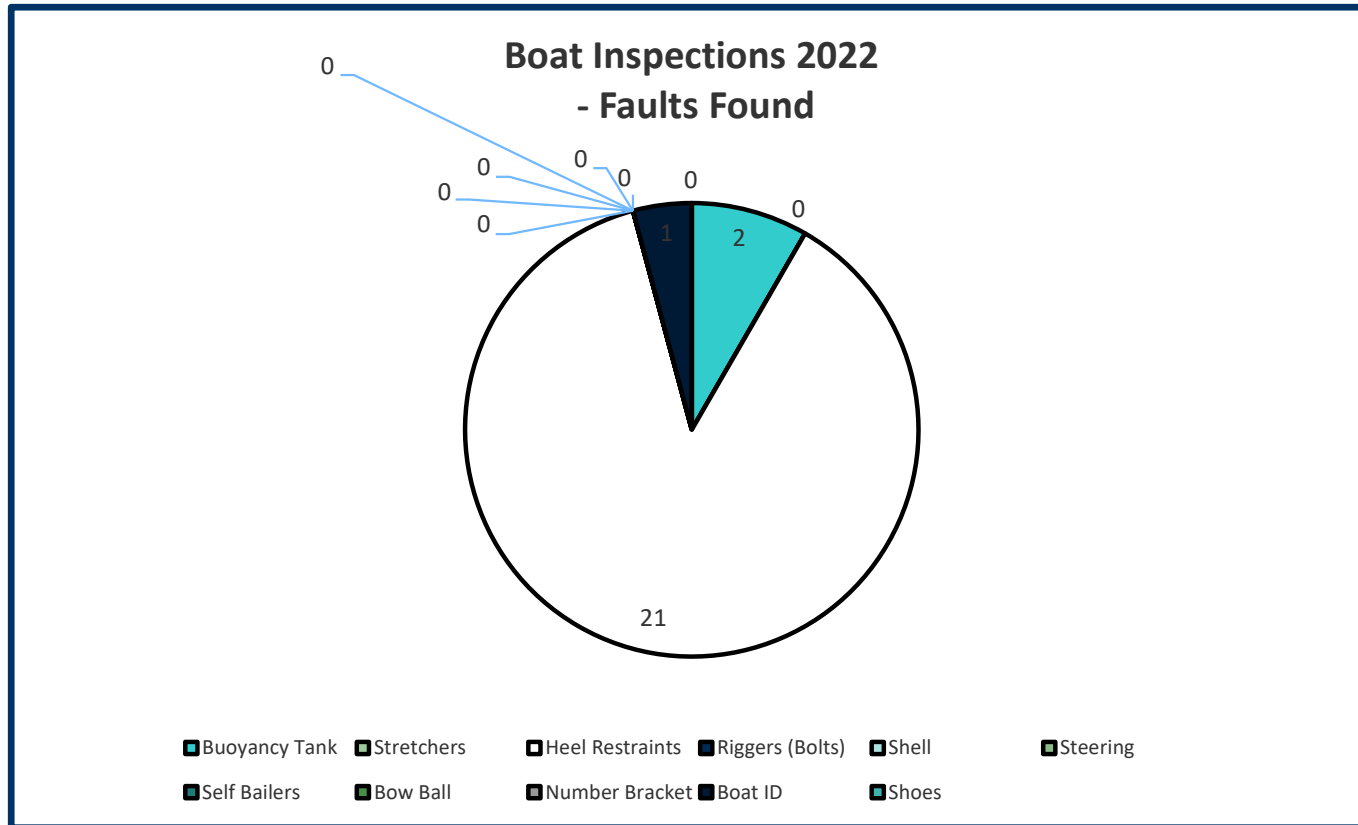
I suspect there were more – and a number were not reported – but as I did not receive any copies of the racing officials reports where incident should be recorded, I can not prove this.

9) Boat Inspections at H&D ARA Events – 2022.

Four boat inspections were undertaken in 2022.



9) Boat Inspections at H&D ARA Events – 2022. Analysis of faults found.



Of the 24 faults found – 21 related to Heel Restraints, 2 to Buoyancy Tanks and 1 to Boat ID.

9) Life Jacket & Heel Restraint Checks & Safety. Notification via IR and Award.

- In addition to the boat inspections a full Heel Restraint check on every boat was undertaken – at Woolston Regatta.
- 40 boats were checked (43 in 2021, 38 in 2019. 54 in 2018, 44 in 2017, 49 in 2016) with 8 faults found against 7 in 2021 and 2019, 5 in 2018 and 10 in 2017. (No inspections in 2020 – the Covid year!)

There were 27 Life Jacket Inspected at Swanage Regatta with 6 faults found.

There were no Life Jackets inspections undertaken in 2021.

9) Notification via IR and Award.

After each boat inspection an BR incident report was raised recording the Club with a failure which was detailed in the report, submitted and opened for comment - an approach that has been adopted by British Rowing National Safety Committee as an example of best practice.

NOTE: Bournemouth was only active at 1 regatta in 2022.

Itchen Imperial, Poole and Southampton - went through all boat inspections, including the full heel restraint and the Life Jacket check – with no faults found and were awarded a Trophy at the Hants & Dorset Dinner.

9) Boat Inspections at H&D ARA Events – 2023.

The Boat Inspection Policy for 2023 should be the same as in recent years with Boat Inspections taking place at random H&D ARA Competitions selected by the Safety Subcommittee at which at least two boats, selected at random from each club in attendance would be inspected to the laid down criteria. In addition at least one full heel restraint check would take place plus an inspection of Life Jackets.

10) Regatta/Event Audits - reports on last seasons audits and plans for 2023.

- **All 12 competitions, the 3 Head Races and the Junior Regatta held in 2022 submitted their event safety documentation which was approved by the RRSA.**
- **Policy in 2023 – it was proposed that Clubs who failed to send a representative to the 2023 Safety Meeting would have their event audited.**
- **Policy in the past has been that it was felt that the race officials reporting system already hi-lighted safety concerns and this would be used alongside safety committee members observations to hi-light events where a re-audit would take place + those not attending the annual safety meeting.**

10) BR Public Liability Insurance.

- There has been a longstanding agreement between the H&D ARA, (and CARA and the West of England ARA) that BR allow H&D Events to take out BR Public Liability Insurance for all Hants and Dorset competitions.
- However, BR have now advised us that their Insurers – Howden Insurance Brokers - cannot continue to insure events that are not affiliated with BR.
- BR tried something similar some years ago but this decision was – after some negotiation reversed.
- We can't be sure if this is a BR initiative or dose come from Howdens.
- The Hants & Dorset has made representations to BR to challenge this decision.

10) BR Public Liability Insurance.

- We know that some H&D Clubs have found alternative Public Liability Insurance cover usually through their own Club Insurance and in most cases at no additional cost - saving the events some expenditure. At least six H&D Events have cover via their own insurers.
- But this remains an issue for Events not at their Clubhouse location, Swanage Regatta – where there is no Club and the South Coast Championships.
- The H&D has offered to talk direct to Howdens to see if this issue can be resolved and we are consulting with CARA & the West of England who are in a similar situation.
- A combined approach may bring about a solution.
- Further updates to follow.

11) Safety Equipment Provided for Race Officials at events with H&D Permit.

- Safety Equipment available to affiliated events for use of Racing Officials.
- 3 x BR LAUNCH RESCUE KITS.
- (H&D Adapted)
- CONTENTS:
- INSTRUCTIONS
- THROW BAG (Grab Line)
- KNIFE
- WHISTLE (Warning Device)
- FIRST AID KIT
- EXPOSURE BLANKETS – Mediwrap – TWO.*
 - Space Blanket type – THREE.
- LIFE JACKET
- LENGTH OF ROPE (15m)



11) Safety Equipment Provided for Race Officials at events with H&D Permit.

- TRANSISTOR MEGAPHONE (Loud Hailer)
- RED FLAG
- AIR HORN/SOUND SIGNALING DEVICE -
Now a Pump Action Emergency Horn with no requirement for a cylinder
- WATERPROOF BOX FOR LOUD HAILER BATTERIES
- Two sets of 8 Batteries – One set in sleeves, one spare set.
- A set of Covid-19 PPE was added to each kit for 2021.
- As an experiment for 2022 the Loud Hailers will be stored in robust boxes to try and offer them greater protection – were they successful?
- Safety Kits and Life Jackets are for the use of Hants & Dorset Racing Officials – NOT to supplement the equipment on Regatta Safety Boats – who must provide their own.



11) Equipment.

Checks after 2022 Season. By Gary Joyce.

Kits – all kits were checked by Gary Joyce after the 2022 season.

Safety bags.

- 1. Had to mend the red flag in bag 1 as it had obviously been used, not but back into the bag with due consideration and had been snapped in half.**
- 2. Have negotiation concerns regarding the lifejackets contained in the but none of them appear to have ever been serviced. Two of them appear not to have been checked since 2012 and it is suggested that these two should be scrapped and replacements sought (they have been packed tightly away in those bags for too long). The third is a Paramis jacket and this one might be worth servicing. All left all of them in the bags at the moment but Gary suggest we action them as outlined above before the season starts properly.**
- 3. The first aid kits will need to be replaced at the end of this year.**

11) Equipment. Checks after 2022 Season. By Gary Joyce.

Lifejackets.

10 H&D lifejackets have been received and serviced by Ocean Safety. One H&D jacket failed its inflation test when it went in for servicing and so we have 9 lifejackets available for the 2023 season.

They were not serviced in 2021 as they had been in 2020 – but not used.

All Life Jackets have now been fitted with a crutch strap.

Loudhailers.

Loudhailers sent to Pete Staddon and asked him to do the checks which he has done and reports that they are all working.

Ref. Covid-19 – Hand Sanitizers, Disposable Gloves, Face Masks and anti-septic wipes for the use of Race Officials were added to the Safety kits for 2021.

All the H&D equipment is now at Christchurch RC for Head.

12) H&D ARA "portable" Defibrillator.

- The Hants & Dorset ARA has now purchased a portable defibrillator. This was passed from event to event along with the Race Officials safety Kits and Life Jackets ensuring that there was a defibrillator at every H&D ARA event regardless of whether there is already one available nearby or one is provided by the host club and/or their First Aid Provider.
- The unit purchased was a - **Phillips Heartstop HS1 First Aid Defibrillator with soft carry case** for ease of taking it around to events, a four year battery a set of adult pad cartridges and eight years manufacturing warranty and is described as “uncomplicated and easy to use”. **Replacement pads were purchased in 2020.**
- It is in the H&D lifejacket bag and as far as we can tell it is fit to use (it’s certainly not beeping warnings or such like).



13). Rowing Safety Committee.

Term of reference: To try to ensure, as far as practical, that all Hants & Dorset ARA affiliated Clubs and Event's comply with British Rowing's (was ARA) Water Safety code of Practice and guidance notes ("RowSafe") and any additional terms of practice/guidance introduced by the Hants & Dorset Amateur Rowing Association.

Current -

- Chairman.
- **Mark Viner.** Lymington Rowing Club.
- Sub Committee Members.
- **Steve Bull.** Ryde R. C. & Wessex Region RRSA
- **Gary Joyce** Itchen Imperial Rowing Club.
- **Mick Gisborne.** Southsea R. C.
- **Adam Ratcliffe.** BTC Rowing Club.

13). Rowing Safety Committee.

Ref. Special Meeting on Rules and Competitions Subcommittees 6/2/19.

It was agreed in 2019 that committees, including H&D Safety Committee including H&D Safety Advisor should be self-managing with Chair and Secretary and to run their own meetings: preparing agenda, notes and dealing with relevant business.

Steve Bull, as the Regions Safety Adviser has agreed to continue as Secretary of the H&D Safety Committee.

14). Venue for 2024 and future meetings. Current rotation – 2024 – SOUTHSEA.

H&D ARA Safety Meeting. Venues.2		
Last		
2023	2012	Christchurch.
2024	2013	Southsea
2025	2014	Westover/Bournemouth.
2026	2015	Itchen
2027	2016	Poole
2008	2017	BTC
2008	2018	Ryde/Shanklin/Newport
2009	2019	Coalporters
2010	2021	Lymington
2011	2022	Southampton

According to the Rota – for 2024 we should visit SOUTHSEA – there is no need to slot Dolphin or Ryde School into the rota – as they are no longer affiliated to the H&DARA.

How can we make rowing safer?

The most common incidents are collisions and many incidents on land result in serious injuries.

- Be careful on land as well as on the water
 - Falls and other injuries account for over 40% of serious incidents
- Keep a good lookout on water
 - Collisions account for almost 30% of serious incidents
- Know and abide by the local navigation plan
 - 15% of serious injuries resulted from not following the navigation plan
- Don't assume that other water users are keeping a good lookout and following the navigation plan
- Take care on land, wear suitable footwear to avoid slips, keep pontoons clean and apply non-slip coatings if appropriate

Serious incidents = incidents requiring more than one week off rowing

Hants & Dorset ARA Safety Meeting.

14) Any other business.

- **Safety information on H&DARA Web site.**
(additions/amendments in 2022 - none other than updating details.)
- **New Club in Region – now affiliated to BR – “Coastal Rowing Academy” based on Hayling Island – appears to be mostly FISA boats with no intention to affiliate to H&DARA.**
- **E Life Saver – recommend by Stephen Worley, Hon. National Safety Adviser. See over.**
- **Safety training within a club – see over.**
- **?**

E-Life Saver.

The thing to remember about CPR is that, to be effective, it should be a relay and not a marathon. It needs a series of people to take it in turns. This is one of the reasons why it is important that lots of people are trained to do it. Stephen Worley, Hon. National Safety Adviser recommends the Resuscitation Council UK's Lifesaver interactive game. He finds it very effective if an alternative to face to face training is needed.

Safety training within a club.

Safety training within a club.

- There was a request for advice on the safety training by British Rowing that should be completed by Club Members, Coaches and Club Rowing Safety Advisers.
- These can be found under the heading Online Learning under RowHow.
- There are two Capsize and Recovery Modules, one for Rowers and one for Coaches.
- Safety Basics has been updated and now includes the material that was in both the old version of the Safety Basics module and the Intermediate Risk Management Module. Intermediate Risk Management has been withdrawn.
- The following training was recommended-

Safety training within a club.

Members

- Capsize and Recovery for Rowers
- Cold Water and Hypothermia
- They should also be invited, but not required, to complete Safety Basics.

Coaches

- Capsize and Recovery for Coaches.
- Cold Water and Hypothermia
- Safety Basics

Safety training within a club.

Club Rowing Safety Adviser (CRSA)

- Capsize and Recovery for Coaches - I think it would be useful for the CRSA to know what Coaches are advised to do. Often the CRSA runs the capsized drill.
- Cold Water and Hypothermia
- Safety Basics
- Advanced Risk Assessment - Completing this is specified in the CRSA Job Description in section 3.4 of RowSafe. This training is currently being updated to run under new software but the content of the new version will be largely unchanged.